



Health Authority – Abu Dhabi
Reliable Excellence in Health Care

Swine Flu (H1N1) EXPLAINED

If I catch it?

Don't panic

Go to the nearest healthcare facility (not necessarily the ER)

List of nearest healthcare facility, including clinics and hospitals in the region, is available on HAAD's website

Inform the doctor of your travel history to an area with confirmed cases in the last 7 days

You will be admitted for treatment and observation

Your family will be under observation and follow up by medical teams for ten days

Avoid close contact with other people as much as possible

For updates and information on Swine Flu call the hotline number or visit HAAD's special website.

National Swine Flu
Hotline Number
800 358
www.haad.ae/swine-flu