



Health Authority – Abu Dhabi
Reliable Excellence in Health Care

Swine Flu (H1N1) EXPLAINED

What if I'm traveling?

Avoid travel to areas that have confirmed cases of Swine Flu

Apply all prevention habits

Follow precaution instructions at destination

Contact the nearest UAE embassy if you feel sick

After your return, monitor yourself for symptoms for 7 days

Inform the doctor of your travel

For updates and information on Swine Flu call the hotline number or visit HAAD's special website.

National Swine Flu
Hotline Number

800 358

www.haad.ae/swine-flu