

# How to register for sports?

3 mandatory steps

## **1. Medical check-up (See the planning at the cafeteria)**

On Sundays, Tuesdays and Wednesdays from 11:00am to 2:00pm

## **2. Choose your activities and register**

Please contact the Sports Office in the Sports building,  
Sunday to Wednesday from 6:00pm to 10:30pm

## **3. Go!**

Your card is ready in the sports building so you can start training!

