Sport courses
sport auditor full schedule

Sunday/Dimanche

	7:30am-8:30am	2:00pm	3:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm
Dance															Yoga						Spinning									
Climbing Wall											Self training								Self training											
											Improvement												Climbing courses (discovery/lead)							
Martial Arts															Aikibudo						Muay Thai									

Monday/Lundi

	7:30am-8:30am	2:00pm	3:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm
Gym													Circuit training																	
Dance														Zumba																
Climbing Wall							Kids (9-12 yrs)				Kids sports						Advanced														
									Self training								Self training														
Sports Hall																	Volleyball Sorbonne ADVC													
Martial Arts									Judo kids				Judo filles						Judo mixed											

Tuesday/Mardi

	7:30am-8:30am	2:00pm	3:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm
Gym										Yoga						Spinning														
Dance																					Self defense									
Climbing Wall											Climbing courses (discovery/lead)						Improvement													
													Self training																		
Sports Hall																									Futsal					
Martial Arts											Teen judo kids												Muay Thai Fitness						

Wednesday/Mercredi

	7:30am-8:30am	2:00pm	3:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm
Climbing Wall																			Advanced											
											Self training								Self training											
Martial Arts														Circuit																

Thursday/Jeudi

	7:30am-8:30am	2:00pm	3:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm
Climbing Wall					Kids (6-8 yrs)					Kids (9-12 yrs)					Kids sports															
					Self training								Self training																		
Sports Hall											Volleyball kids (+10 yrs) - Atanas						Volleyball Sorbonne ADVC							Badminton expats					

Friday/Vendredi

	7:30am-8:30am	2:00pm	3:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm
Sports Hall		Badminton 2:30pm to 4:30pm					Badminton 4:30pm to 6:30pm								Badminton 6:30pm to 8:30pm								Badminton 8:30pm to 10:30pm						
		Tennis kids (4-6 yrs) 9:30am to 10:30am									Tennis kids (7-9 yrs) 10:30am to 11:30am										Tennis kids (10-15 yrs) 11:30am to 12:30pm								

Saturday/Samedi

	7:30am-8:30am	2:00pm	3:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm
Climbing Wall					Kids (6-8 yrs)					Kids (9-12 yrs)					Kids sports															
					Self training								Self training																		
Sports Hall											Badminton								Volleyball Sorbonne ADVC											

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