



SORBONNE
UNIVERSITY
ABU DHABI

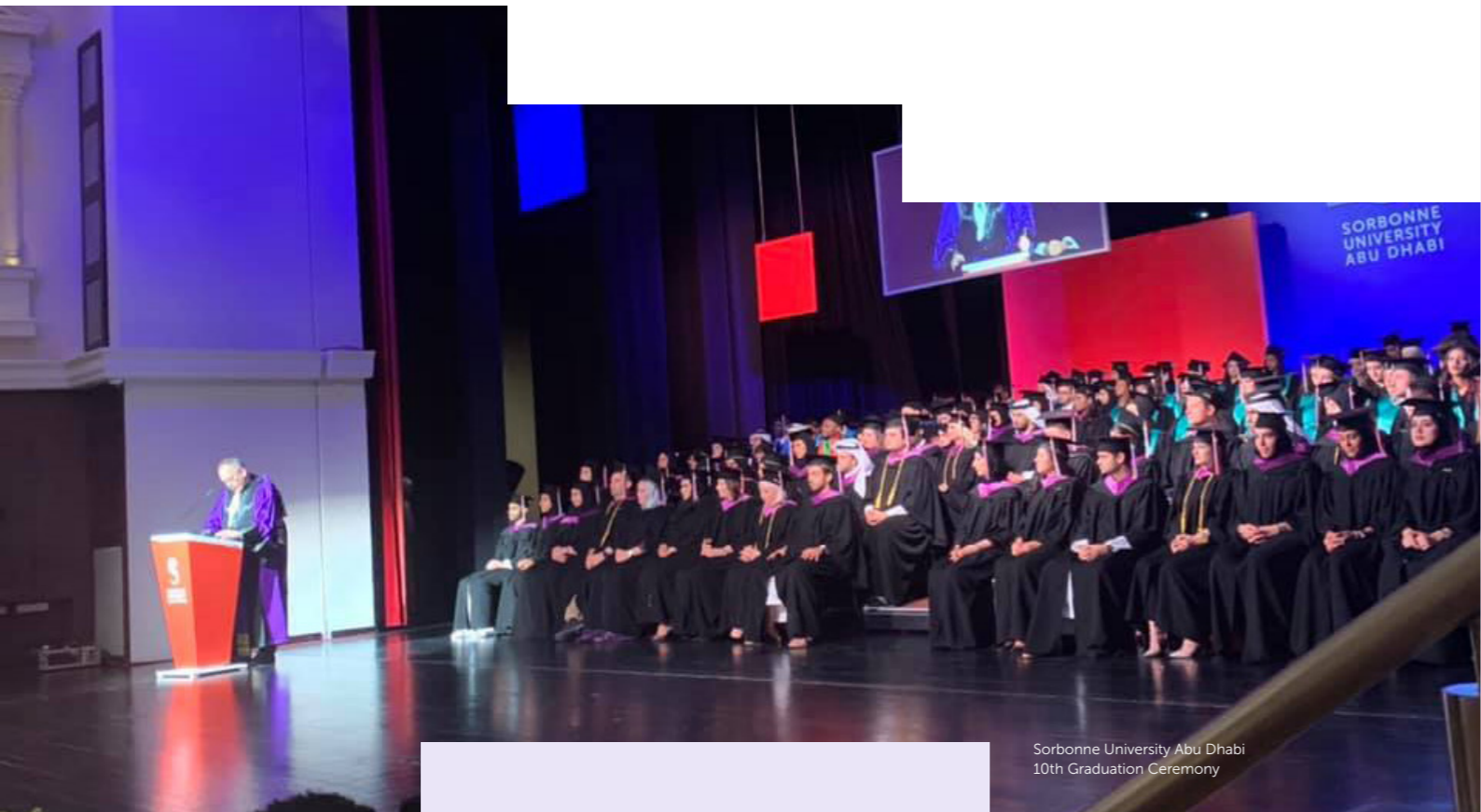
La Gazette

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Rewind



Sorbonne University Abu Dhabi
10th Graduation Ceremony

Orientation Programme

2nd to 8th September 2019

The orientation week was dedicated to welcome new students and help them become familiar in their new environment by organising a variety of informative sessions, fun activities, and tours around the Emirates.

Al Ghaf Tree Planting Event

4th September 2019

To celebrate the Year of Tolerance, students planted Ghaf trees, the symbol of the Year of Tolerance, and left their mark on campus as a part of orientation week activities.

Majlis Littéraire: Madame Magazine

29th September 2019

Dr. Vital Rambaud welcomed the founder of Madame Magazine Catherine Gilbert for an interesting talk on the success story behind the magazine.

The Situation of Translators in the Arab world

30th September 2019

This seminar took place at Sorbonne Abu Dhabi, and covered various topics on the status of translation in the Arab World, and the most prominent challenges faced by the translators. The seminar was accompanied by a book exhibition that offered the latest translations of the Kalima Project with a discount up to 80%.

ASK Ali on Campus

9th October 2019

Sorbonne Abu Dhabi organised an Ask Ali event that was mainly about being a pioneer and tolerating the cultural differences between people. The event included “un guide à Abou Dhabi” book distribution.

“Mobile Virtual Museum” Visit on Campus

9th October 2019

A visit from the History of the Emirates’ mobile virtual museum, a double-decker bus that has TV screens with educational info and VR displays for students to engage with the content.

“A Tribute to Dalida” Concert at the Opera

10th October 2019

In collaboration with Dubai Opera, Sorbonne Abu Dhabi organised “A Tribute to Dalida” concert performed by Lina Sleibi to re-live the iconic music of Dalida.

Exhibition: Tasaamu/Tolerance, the Perpetual Sense of Tolerance and Peace.

13th October to 7th November 2019

Inspired by the greatest female and male leaders of peace, the exhibition focused on their mission for tolerance and peace around the world. The usage of multiple techniques in the artworks presented in the exhibition such as drawings, collages, portraits, paintings, art videos, digital photography and audio-visual installations created a prolific avant-garde scenario.

Majlis Littéraire : Tintin et les arabes

13th October 2019

Dr. Louis Blin, author of “Tintin et les Arabes” explained the unknown relations between Tintin and the Arab World.

Le Recital, by Pascal Gallet

16th October 2019

For the first time in Abu Dhabi, world renowned French Pianist Pascal Gallet performed a unique recital that combined both classics and contemporary film soundtracks.

Inclusive Flamenco: Real Dreams of Possible Bodies by José Galán Company.

20th October 2019

A fascinating flamenco dance performance blended with soundtracks and visuals creating an impressive dramatic show that highlights the suffering of those with disabilities.

Talk with French Ski Champion Marion Rolland

21st October 2019

A talk by Marion Rolland, a World Cup alpine ski racer from France, in which she shared the secrets of her success and how living in Saint-Martin d’Hères played a vital role on her career path. The event was accompanied by cheese testing and ski glasses stand.

Bridging Art and Science in the 21st Century: The Beauty of Engineering. Engineering Beauty

23rd October 2019

This collaborative initiative attempts to stage a conversation between the engineer and the art historian around the concept of beauty. Prof. Cesare Stefanini, Professor of Biomedical Engineering at Khalifa University and Dr. Robert Kilroy, English lecturer and lecturer on the Masters in History of Art and Museum Studies were the two key speakers of this event.

Najah Higher Education and Training fair 2019

30th October 2019

For the 9th year in a row, Sorbonne Abu Dhabi participated in Najah Higher Education and Training fair 2019, the UAE’s leading higher education event.

Cinemana: Mafak “Screwdriver” by Bassam Jarbawi

4th November 2019

Palestinian movie about jail and its aftermath. The screening was followed by a Q&A by the film director Bassam Jarbawi. This event is in cooperation with NYUAD, the Arts Center at NYUAD and is supported by the Palestinian Business Council.

Majlis Littéraire: Notre-Dame de Paris

10th November 2019

On this occasion, Dr. Vital Rambaud interprets the well-known Victor Hugo’s novel “Notre-Dame de Paris”

Rocío Márquez UAE Premiere : Recital Flamenco Duo

12th November 2019

This musical event was held in cooperation with the Embassy of Spain in the United Arab Emirates. After exceptional performances at the Teatro Real and National Auditorium in Madrid and Paris Philharmonic and l’ Olympia, Flamenco singer Rocío Márquez performed for the first time in the UAE at Sorbonne Abu Dhabi.

Sorbonne University Abu Dhabi 10th Graduation Ceremony

17th November 2019

We celebrated the 10th Graduation Ceremony, under the patronage of His Highness Sheikh Abdullah Bin Zayed Al Nahyan, Minister of Foreign Affairs and International Cooperation and in the presence of H.E. Zaki Anwar Nusseibeh, Minister of State and Chairman of the Board of Trustees, H.E. the French Ambassador Ludovic Pouille and Prof. Jean Chambaz, President of Sorbonne University and Vice-Chairman of the Board of Trustees at Sorbonne Abu Dhabi.

Staff Annual Retreat

21st November 2019

A staff event that was designed around the theme of tolerance.

Brazilian Festival: Concert and Movies

24th to 26th November 2019

In cooperation with the Brazilian Embassy in the UAE and the French Alliance in Abu Dhabi, we organised a Brazilian festival. The acclaimed pianist Loraine Balen performed for the opening night while movies such as Central do Brazil and Gonzaga, de pai para filho were screened during the festival.

UAE National Day Celebrations

27th November 2019

Sorbonne University Abu Dhabi’s community celebrated the UAE National Day with an array of events honouring the country and the Year of Tolerance.

Majlis Littéraire: The Goncourt Prize

8th December 2019

Dr. Vital Rambaud and students who participated in the jury of “le choix Goncourt de l’orient” discussed the new trends in literature and the winner of the Goncourt prize 2019.



Al Ghaf planting event

Up next

09 FEB	19 FEB	19 FEB	25 FEB	02 MAR	09 MAR
Les Majlis Littéraires	CinemaNa	Open Day	Hay Festival 25th, 26th, 27th and 28th Feb	Career Forum 2th and 3th Mar	CinemaNa
11 MAR	15 MAR	15 MAR	16 MAR	17 MAR	18 MAR
Concert – Jadayel	Les Majlis Littéraires	Public Lectures 15th, 16th and 17th mar	International Day / Sorbonne Got Talent	International Francophonie Day	MOPI Games 18th and 19th Mar
19 APR	22 APR				
Les Majlis Littéraires	Theatre Play				

23
JAN

Korean Festival

26
JAN

Les Majlis Littéraires

Join us on Open Day and discover our undergraduate and postgraduate degree programmes in Humanities, Sciences, Languages, Social Sciences, Law, Economics and Management.

All applications submitted during Open Day will be exempted from the administrative fee of AED 2,700 for undergraduate and AED 2,800 for postgraduate programmes. Fee exemption applies for the first year only.

19th February 2020

9:00am to 7:00pm

For more information, please contact:

Undergraduate: admissions@sorbonne.ae

Postgraduate: graduate.studies@sorbonne.ae

Phone: 02 656 9555

OPEN DAY 2020

Your future starts now

New joiners



Reena Rajivan
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& Performance
Planning &
Performance
Extension: 9109



Mohamed Shamaa
Senior Network
Engineer
Digital
Transformation
& Innovation
Extension: 9502



Enas Awad
HR Generalist
Human Resources
Extension: 9452



Dr. Elizabeth Zollmann
Head
Applied Foreign
Languages
Extension: 9258



Romain Degroote
Lecturer
French as a
Foreign Language
Extension: 9158



Walid BENGHABRIT
Lecturer
French as a
Foreign Language
Extension: 9167



Dr. Gianluca Mola
Assistant Professor
Sciences &
Engineering
Extension: 9285



Celia Ouali
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Communications
& Public Affairs
Extension: 9620



Abdulrahman Alkalbani
Specialist -
IT Support
Digital
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& Innovation
Extension: 9501



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- General Ledger
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Amr Sorour
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Human Resources
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Section Head
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Digital
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& Innovation
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Sahar Alaa Zaki
Officer - Student
Recruitment
Registrar
Extension: 9401



Yassine Cherbani
Senior Recruitment
Officer
Registrar
Extension: 9305



Malik Bensoltane
Officer -
Admissions
Registrar
Extension: 9243

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H.E. Zaki Anwar Nusseibeh, Minister of State, is the Chairman of the Board of Trustees.

Professor Jean Chambaz is the President of Sorbonne University and the Vice Chairman of the Board of Trustees. Sorbonne Abu Dhabi is managed by Dr. Laurence Renault, Acting Executive Director and Deputy Executive Director for Academic Affairs of Sorbonne University Abu Dhabi.

Face to face

Dr. Laurence Renault

Acting Executive Director and Deputy Executive Director for Academic Affairs of Sorbonne University Abu Dhabi

Tell us more about yourself

When I was a student, I studied philosophy. At first, studying philosophy was not something I chose; I have been in a multidisciplinary programme (which lasts for two years) I got the time to think and that is when I decided to specialise in philosophy. I wanted to improve my intellectual capacity and understand the immersing of humankind and humanity overall; studying philosophy helped me understand things from a wider lens.

Why did you choose to work in the UAE and what is your advice for the international students who moved here?

I came to the UAE often since 2006 to teach at Sorbonne Abu Dhabi so I knew the country quite well and was very familiar with the foundation of work at Sorbonne Abu Dhabi; thus, moving here was a good choice for me and my children. I advise every international student to make the most out of this experience. The richness of this experience lies in the ability to integrate with people from different backgrounds and to embrace this difference. It also allows you to have a very friendly dialogue with people – the experience is priceless.

What are your ingredients to success?

Well, it's not a recipe; it's all about choosing well. Do not let anyone nor anything mislead your choice. Listen

to your own voice; you have to be passionate about what you choose to study. Also, you should be willing to perform with excellence, do not stop half way!

What has been your greatest achievement to date?

I embrace every single achievement I have done; being a mother is an achievement that I am proud of. My articles, researches, writings and books are all achievements. It is a full experience that consists of everything I'm proud of.

How do you maintain a work-life balance?

I charge myself by having hobbies and doing what I love such as taking care of my children, swimming, meeting up with friends, writing and listening to different types of music (contemporary, traditional or classical music). I also love to travel.

What quote do you live by?

"Ignorance leads to fear, fear leads to hate and hate leads to violence, this is the equation" Ibn Rushd

How do you want to be remembered?

Being positive, I would love to be remembered as a positive person in every single aspect of my life.



Be willing to perform with excellence



**Do not let
negative
emotions
direct you**



A minute with

Gheed Hussam
Author

**Tell us more about your book
“Held Back”**

I consider this book as a guide to every teenager who wants to overcome the negative emotions associated with failure. It's inspired by my personal experience, as failing grade 11 was a turning point for me. I think it's important to share my experience in hope of helping someone who is going through the same experience I went through; especially that it's difficult to find any guide for teenagers or young generation on how to deal with failure.

**Was the book the result or the
tool of overcoming failure?**

Writing was a tool for me to relieve all the negative emotions, and with time; it became my main tool that helped me overcome failing and understand what I really want to study.

**Did this experience impact your
performance at school or at a
later stage?**

Definitely! Before failing grade 11, I was very lost. Honestly, I didn't know what I wanted to study. I even chose something I didn't like. Failing was an awakening moment for me, it made me realise that I have to study what I really like, so I chose to study sociology, philosophy and arts and this was when I figured out what I really want! In addition to this, writing this book helped me understand myself more and understand what I really want, it also gave me the freedom to try and develop new skills, I learnt how to use Photoshop in order to design the book, and I feel proud!

Who supported you?

My family of course! My mom had the biggest impact because she always supported and made me feel like everything is going totally fine! My family always worked on making me the happiest person.

A lot of my friends also supported. Especially my friend Dana who used to always remind me that grades are not what define you as a person

**Writing is very brave and
confrontational; did you
struggle in the process?**

Grade 11 had many ups and downs, and it consumed my feelings. I had these moments where I just didn't want to write, but I forced myself. Writing relieves the negative emotions so it made me feel lighter and helped me move on. You just need to keep writing.

**Are you thinking of writing
another book?**

Not necessarily, but I might write about the aftermath phase, about what happens after you overcome failure and how life starts to shift to a better direction...to a more enlightening phase.

**What do you tell people who
are going through the same
experience?**

Some people might make you feel as if failing is abnormal, however; it's totally normal! I want to normalise it. Also, do not let negative emotions direct you, release them by doing what you love.

Malaysia, located in Southeast Asia is a melting pot of culture home to over 32 million people. Rugged mountains, rainforests and sandy beaches combine with bustling cities including Kuala Lumpur, its capital. Malaysian cuisine offers a unique fusion of foods from the country's multi-ethnic heritage. It's a place like no other, and a must-visit destination for an experience out of the ordinary.

MALAYSIA

Climb up the
Petronas Towers

If you are not afraid of heights then Kuala Lumpur’s famous Petronas Towers should be on your “to do list” while visiting Malaysia. The tower’s architecture is inspired by Islamic beliefs and cutting-edge innovation. Highlights include the domed roofs, spires reminiscent of mosque minarets and a steel and glass design.

At 451.9 metres high, these commercial buildings have claimed the title of the tallest twin skyscrapers in the world. Setting another world record is the 170-metre high sky bridge that connects the two towers, providing visitors with a great opportunity to take photos of Kuala Lumpur. After stopping off at the sky bridge, visitors can continue to the observation desk on the 86th floor to enjoy the best panoramas of the city.



Top
tourist
attractions



Trek in
Taman Negara National Park

Taman Negara National Park is located in the state of Pahang. It is the largest national park in peninsular Malaysia and features the longest rope walkway in the world. The park also has some great treks including a 100km round trip, as well as more gentle hikes for beginners. There is a wide array of wildlife and plant life in the park for nature lovers.



Explore the
Batu Caves

Exploring the Batu caves is a fun day trip from the city and one of the top things to do in Malaysia. The massive limestone cliff houses a collection of caves and Hindu shrines. Displayed at the foot of the cliff is a dominating, 140-foot golden statue of Lord Murugan, the “God of war”.

There are three main caves, however Cathedral Cave, the most famous of all is perched 272 steps at the top of the cliff. It offers the most impressive cavern in the cave series, the interior of which is decorated with ornate Hindu shrines and features a large opening at the top where the sunlight streams through. Just make sure you wear comfortable shoes if you intend to visit!



Get away to the
Genting Highlands

The Genting Highlands, also known as Resorts World Genting is a resort located in the Titiwangsa Mountains, and sits at an elevation of over 5,000 feet. The resort is a popular destination and has a wide range of attractions including theme parks and restaurants, as well as a cable car attraction known as the Genting Skyway, which previously held the title of the world’s fastest and South East Asia’s longest gondola lift. Due to its location, there are also several fruit and vegetable farms for visitors to explore and pick fresh produce.

Gastronomy

Nasi Kerabu

The most striking feature of this dish is the blue rice, coloured naturally with bunga telang (blue/butterfly pea flower). Some people may find blue rice strange but the colouring does nothing to change its taste. Lemongrass, kaffir leaves and salt gives it a savoury taste. Accompanied by side dishes of mackerel flakes with grated coconut, turmeric-battered fried fish or beef, coconut sauce, salted egg and prawn crackers, it is a delicious breakfast option popular among locals.



Kaya Toast

Kaya is a sweet and fragrant coconut custard jam, which is traditionally spread onto thin slices of warm toast with ample butter. It is a delicious dish, particularly when paired with a cup of thick black coffee.



Nasi Lemak

The king of Malay food, nasi lemak stands firmly at the top of most locals' list of favourite foods. It comprises coconut flavoured rice accompanied by a boiled egg, fried peanuts, anchovies and a spicy shrimp-based sauce on the side. Nasi lemak is sold at fancy restaurants for a steep price but is also available from roadside sellers for as little as RM1.



Rendang (Beef, Chicken or Lamb)

Sometimes erroneously called a curry, Malaysian food aficionados point out that this chunky cauldron of coconut milk and spices is nothing of the sort.

The difference is in the preparation. Meat is slowly simmered to absorb spices until the rosy liquid completely evaporates. Rendang is a favourite dish across Malaysia, especially during festive seasons.



The Friends of Sorbonne University Abu Dhabi Association

The Friends of Sorbonne University Abu Dhabi Association was established under the patronage of H.H. Sheikh Mohammed Bin Zayed Al Nahyan, Crown Prince of Abu Dhabi and Deputy Supreme Commander of the UAE Armed Forces. It is supported by the French Ambassador to the UAE.

The Association was founded in Spring 2007 as a result of a group collaboration between Emirati and French residents in the UAE who are keen to support the development of a prestigious and ambitious project; while bringing together renowned Emirati and French companies as strategic partners in the outreach and development of Sorbonne Abu

Dhabi. Members of the Association believe that education and culture are a crucial part in the economic development and the wellbeing of the community. The Association's primary role is to seek funds to support the university's scholarships and to facilitate the transition of graduates into the professional world.

The Association Executive Committee consists of:

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Self-esteem bootcamp

Research indicates that low self-esteem can have an impact on many aspects of a person's life, including performance at work or school. Recognising the long term-negative impact of having low self – esteem, Sorbonne University Abu Dhabi counselor Jessica Anders developed the Self-Esteem Boot Camp. This innovative and interactive six session, two hour programme meets once a week and is designed for a maximum of 8 students who must participate in the full course.

Everyone, at some point or another, is uncertain about themselves, lacks self-confidence, doubts their abilities or thinks negatively about themselves. However, if negative self-talk such as "I'm a failure", "I am useless/worthless", "I am never good enough" becomes a pattern, we are talking about low self-esteem. People with low self-esteem usually have deep-seated, basic, negative beliefs about themselves and the kind of person they are. As a result, they might avoid challenges for fear of not doing well or might work extremely hard and push themselves to do more because they believe they need to make up for, or cover up, their lack of skill. People with low self-esteem might find it hard to believe any good results they get are due to their own abilities or positive qualities.

In personal relationships, people with low self-esteem might become upset or distressed by any criticism or disapproval, bend over backwards to please others, be extremely shy or self-consciousness or even avoid or withdraw from social contacts. Also they might not engage in many leisure or recreational activities, as they might believe they do not deserve any pleasure or fun. Also, they might avoid activities where they could be judged or evaluated in some way.

The Self-Esteem Bootcamp tackles the above mentioned problems and helps the participants to explore and develop their own individual model of low self-esteem, including how it developed and how their low self-esteem is maintained. This programme focuses primarily on identifying dysfunctional thought and behavioral patterns as well as negative core beliefs and introducing different techniques in order to tackle and challenge them, based on a cognitive-behavioral approach. Another path to develop and foster self-esteem is to notice and acknowledge the positive aspects of yourself. Therefore, one session explicitly focuses on introducing participants to a variety of techniques and strategies to promote a more balanced evaluation of themselves.

Prior to the programme start, the Advising and Resources section organised an introductory meeting open to all interested students. Low self-esteem was clearly defined for them as, "Having a generally negative overall opinion of oneself, judging or evaluating oneself negatively, and placing a general negative value on oneself as a person."

From this introductory session, 8 students enrolled in the programme and others were placed on a waiting list. We look forward to supporting the students who are enrolled in this initial pilot phase.

Advising & resources

Sorbonne Abu Dhabi students at the Al-Maktoum College of Higher Education summer school programme 2019

During the summer of 2019, four of our students were accepted for the Al-Maktoum College of Higher Education Summer School Programme, which was held for four weeks in Dundee, Scotland. The programme included many visits, activities and classes on various topics, predominantly focusing on multiculturalism and leadership.

This innovative programme prepares students for their careers within global managerial and leadership positions, and focuses on developing their academic knowledge and skills through a series of lectures, tutorials and class discussions. Additionally, the summer school programme provides an introduction to several areas including multiculturalism, cultural engagement and globalisation, as well as engaging students on broader issues that are related to leadership. Finally, the programme broadens our student's cultural awareness by meeting students from different nationalities.

During The Leadership and Management course, students were introduced to key issues, definitions and concepts regarding leadership and management. They engaged with women in leadership positions from politics, business and civil society who discussed their personal experiences. The Scottish History and Culture course focused on providing an opportunity for students to learn Scottish history and culture - past and present. The Multiculturalism and Globalisation course allowed students to examine analytical changes in world politics in terms of diversity, migration and the cultural engagement of diverse backgrounds, and consider the relationships between the Muslim and western worlds. In the Civilisational Dialogue course, students explored debates surrounding cultural engagement and dialogue among civilisations.

Moza Al Zahmi, who chaperoned Sorbonne Abu Dhabi students during the summer course added: The Summer School Programme taught me a lot about leadership through practice more than theory. Being the chaperone of Sorbonne Abu Dhabi students, I developed my social and personal skills, and learnt how to be more open, understanding, patient and diplomatic in order to guide and lead students during the trip which is a lifetime lesson that I will never forget.



I have always loved the idea of traveling and meeting ambitious people from different countries. These people end up being a blessing in our lives and drivers of inspiration. To conclude, this experience ended my university chapter on a positive note.

Roudha AlHameli

Nothing could really describe this trip. Every place we visited and every person I met inspired me and taught me something new.

Noora Rahmani

It was one of the best experiences I had. The programme was very enlightening and the Scottish people were very kind and welcoming. I'm very grateful that I met and made friends with many young and aspiring female leaders.

Noora Alkhoori

Al-Maktoum Summer School is a life changing experience! I learnt new things every day from professors and professionals. Dundee was cold most of the time but people and friends made it warm and memorable. I am glad I was a part of this programme. It's indeed a beautiful chapter that added more value to my journey.

Oshba Alzaabi



The Women@Dior programme 2019

Women@Dior is an international mentorship programme dedicated to young women from fashion, business or engineering schools. The programme aims to empower female students and help them fulfill their dreams by owning their professional destiny, be more confident, and develop valuable networks at the beginning of their careers. All participants are selected on three criteria: talent, ambition and generosity. They are all united in the idea that professional success is related to the strength of the sorority.

Five of our students were selected to be part of this unique programme.

With Women@Dior, I was able to meet different people with established careers who offered me guidance and support for my personal career path. What surprised me about this initiative is that it is much more personal than just a career guidance; you get to connect with everyone including mentors and mentees, and learn something new, whether it's related to your career or your personal life.

Diana Sholi

The Women@Dior programme helped me view my future in a more positive light. It is a great programme for senior students who need career guidance, as it offers good advice and assurance. I am so grateful to be a part of such a lovely community with wonderful people.

Nour Asa'd

I am lucky to have been a part of Women@Dior. They are such a wonderful and powerful support system that guided me on my path to success.

Jhasmin Ebrahimnia

Being part of the Women@Dior programme helped make professional decisions clearer with the help of my mentor's views and objectivity. It also encouraged me to embrace my femininity in the workforce and university.

Kadhia AlDiwani

The great thing about Women@Dior is that they pair you with a specialised mentor based on your personality. I was lucky enough to be paired with a mentor that inspired me through her experience, and coached me through the inevitable challenges of life. In addition, the many activities that Dior organised including museum tours and lovely dinners added to an overall sense of unity to convey Dior's original message: female empowerment. So glad to be part of this initiative, I recommend it for every girl!

Yara El Sabbagh



Sorbonne University Abu Dhabi places sport on the centre stage, as sport is important and well recognised for its physical, mental, and social benefits. Nearly 20 sporting activities are offered through dedicated structures. The university offers students several opportunities for discovery and development while participating in events and championships with local and regional universities.

Students have the option to choose whether or not to integrate sports as part of their curriculum to earn a qualification (depending on their major and on the activity).

The Sports Department also organises open days for try-outs as well as off campus weekends including desert trips, camping, hiking, outdoor mountain climbing and other activities to enrich our student's lives. It also challenges its staff and students to get involved with the community in fitness mazes, promising loads of fun.

Foxes encourages volunteering for international competitions and attending sport conferences, trainings and workshops.

Go Foxes!



Important Information

Sport activities and training

- The practice: we require regular attendance.
- Information and communication: the list of available sports activities, timings and coach details are available at the sports building with the student jobs section from Sunday to Wednesday, 6:00pm to 10:30pm and the sports department (room no. 2.023). Alternatively, email sports@sorbonne.ae

Students registered in optional sports

Mandatory: 12 sessions/classes per semester. 1 justified absence allowed.

Signature of this card by the coach is mandatory (only one signature per week)

For more details, please contact the student jobs at the sports building or the sports department.

Assessment procedures and number of ECTS:

2 to 5 ECTS: View the rules of the University with the Sports Department and with the coordinator of your department.

How to obtain a locker?

A locker provided by Sorbonne University Abu Dhabi is available at the sports building reception. You must return it at the end of the academic year. In case of loss or replacement of the key, the deposit of 100 AED will be kept by the Finance Department.

The locker key must not be copied.

Sports Activities

- Climbing
- Ski
- Spinning
- Self Defence
- Yoga
- Circuit
- Futsal
- Aikibudo
- Volleyball
- Chess
- Bellydancing
- Paddleboarding
- Golf
- Bowling
- Squash
- Crossfit
- Capoeira
- Natation Zoomers
- Badminton
- Table tennis
- Breakdancing
- Hip Hop
- Zumba
- Escalade bouldering
- Beach volleyball
- Basketball
- Tennis
- Fitness
- Muay thai
- Football
- Touch rugby

And much more...



Sorbonne University Abu Dhabi has a Career Centre!

A new name, a new location, and a stimulating environment to create an ideal career development experience for students...

Place matters! The new Career Centre is ideally situated in a central, visible location close to the cafeteria area, allowing easy access to visitors, equipped with multi-purpose facilities and offering informal spaces designed to stimulate multiple connections between students, alumni, entrepreneurs and employers. The Career Centre brings fresh perspectives to the career services offered to all students by creating an active learning place that enable personal reflection, exploration, meetings and employability skills development.

Above all, the idea is to make career services an integrated and everyday part of university life. Students can drop-by when they wish - during lunch breaks, between classes or even in the evening time for Masters students or students living in the university residence. The Career Centre also welcomes students who wants to participate to career events organized with employers or just want to stop-by with their laptop and use the lounge area, or access the computers made available to them in the workstation area.

Empowering students to become 'career-ready' in a world of rapid change

With the objective to help make students strong candidates for both local and international job placement as well as for graduate programmes around the world the Centre's services are designed to empower students to help them navigate the entire career exploration process and to develop their own career action plan. The Centre provides a range of resources to guide and encourage students to experiment, look at options and take action for themselves. Its services, amongst others, include career information, individual counseling, employability skills workshops, internal and external internship opportunities and job search assistance.

Exposing students to a valuable learning experience and to a range of career paths and contacts

The Career Centre is committed to providing support to facilitate internship placement with employers and access to a range of internships and employment opportunities for students.

To serve this purpose, the Centre collaborates on a daily basis with industries and employers across the UAE to promote the recruitment of SUAD students and graduates to employers for internships and full-time positions. The priority is also to develop quality relationships with employers coming to the campus for the benefit of our students and to maintain strong ties with companies and corporate partners through activities and regular communication. From this perspective, the 2-day Career Forum "Astrolabe" is the highlight of the year where more than 40 companies gather to meet students face to face and inform them about potential opportunities of the employment market.

A fee-free service for life

Our career services do not end when graduates leave SUAD. Alumni have lifetime access to the Career Centre at SUAD. The Center will continue to offer resources and services to alumni throughout their careers. The services range from assistance provided to graduate applications to job placement and career advising to business networking events opportunities. It also includes on-campus training seminars offered by the Career Centre's partners. Alumni are also an important dimension to the Career Centre because they expect to play a growing role in contributing to student career guidance whether as an employer - as part of the employer relations programme or as a career mentor in the frame of the career mentoring scheme soon to be developed at SUAD.

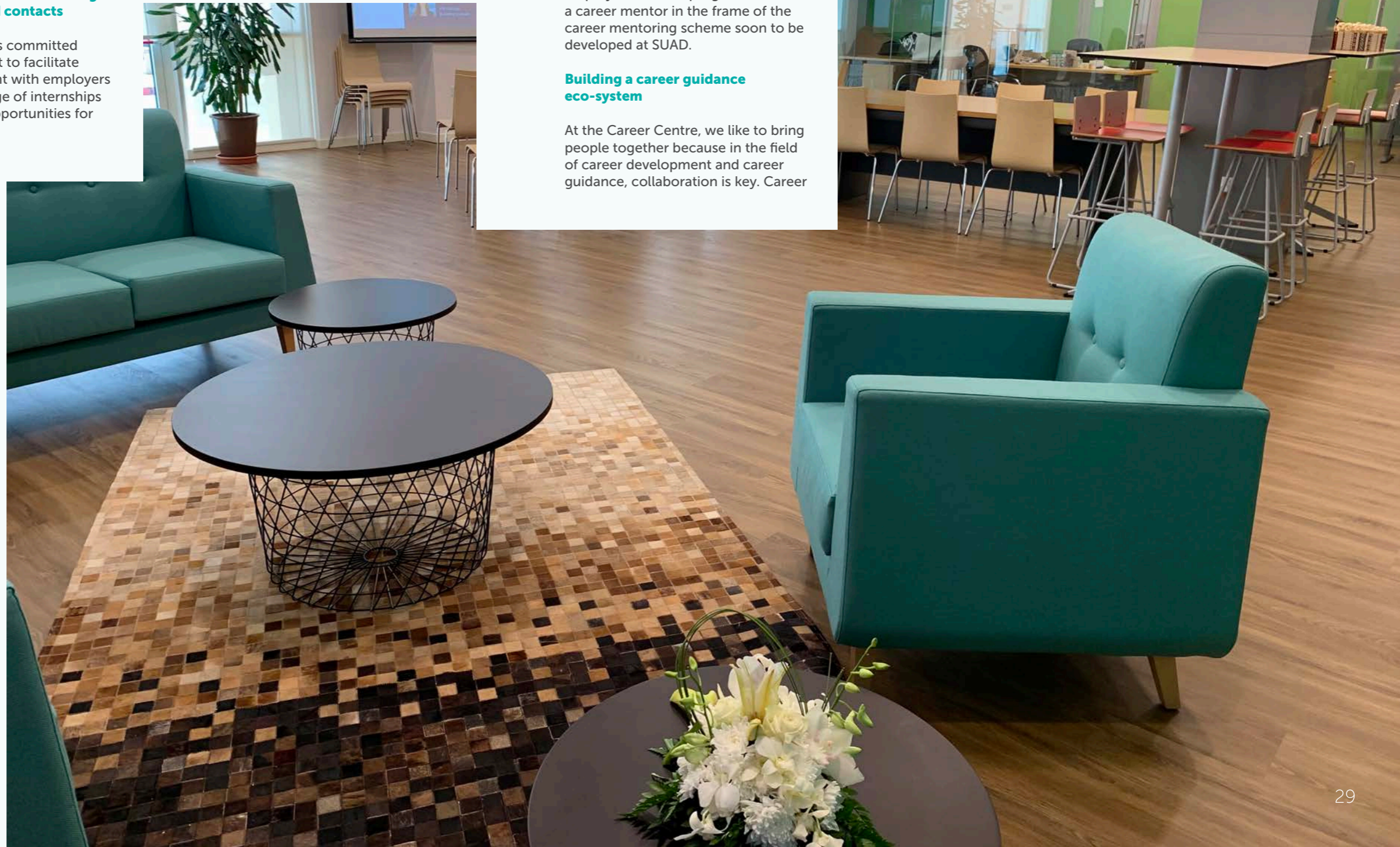
Building a career guidance eco-system

At the Career Centre, we like to bring people together because in the field of career development and career guidance, collaboration is key. Career

guidance is primarily a social activity and the aim of the Career Centre is to be an open, interactive and collaborative platform not only for students and student organisations but also for alumni, employers and the different faculties alike.

We hope to have many students like Reem who regularly visits the Career Centre and sits in the lounge area with her laptop for a while. Talking together about her studies and life at the university, Reem nicely added: "I like the bright colors of the Centre. It's my favorite place on the campus!"

The Career Centre



Alumni news

A global Sorbonne alumni community!

Sorbonne University Abu Dhabi (SUAD) acknowledges the important role that the alumni community plays in building the story and reputation of the university. The success of our graduates is the truest measure of SUAD's ultimate success as a higher education institution and contribute to our growth, making them our most valuable asset.

As a SUAD graduate you automatically become a member of the Sorbonne Abu Dhabi Alumni organisation, which constitutes a growing network of 2200 alumni living in more than 80 countries and spread over four continents, making it an ideal platform to stay connected with your classmates. Sorbonne Abu Dhabi Alumni was established by the university management and is governed by the by-laws, which were officially ratified in June 2015.

Also, as an alumni of Sorbonne University Abu Dhabi, you belong to a wider worldwide network of the Sorbonne University consisting of more than 360,000 members that offers an amazing wealth of knowledge, resources and learning opportunities.

SUAD is committed to their alumni with its objective of continuously supporting them and sharing their achievements with the community. We want to ensure that all our alumni are aware of the benefits and services offered at the university following their graduation and therefore, we invite our alumni to explore these services and benefits which have been synthesised in the Alumni Benefits and Services Programme.

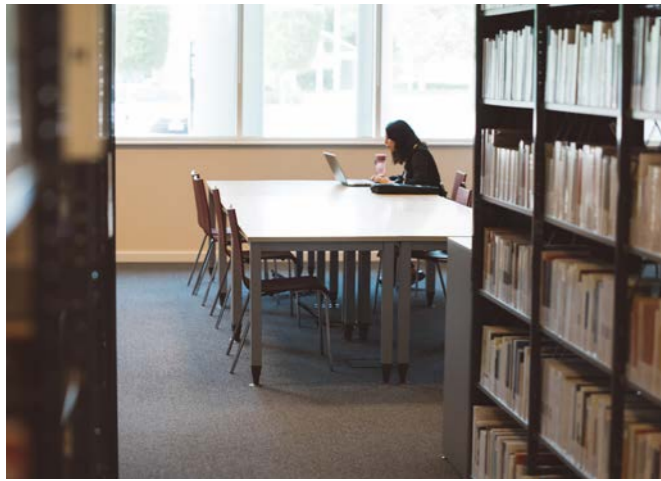
Alumni Council Elections

2020 will be an exciting time for the alumni community since new elections are just around the corner! Following the foundation of the Sorbonne Abu Dhabi Alumni, the university organizes alumni elections of the Council of Trustees every two years. From this month, the university will be seeking alumni candidates to serve on the third Alumni Council of Trustees.

The Council comprises of fifteen members in charge of promoting and representing the interests of SUAD graduates. Working closely with the university and the Career Centre & Alumni Relations, the Council is committed to taking leadership and keeping alumni informed and engaged in the alumni community as well as in the future of the university.

Any alumni member of Sorbonne Abu Dhabi Alumni can run for the Council elections and they are all encouraged to apply. More information will follow shortly.

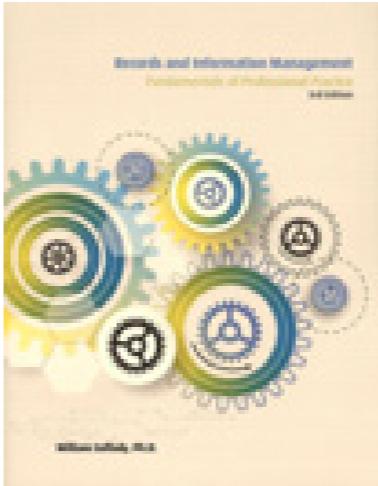
The Career Centre & Alumni Relations



The Sorbonne Abu Dhabi Library has a collection of more than 100,000 printed books and more than 150,000 e-books. The Library furthermore subscribes to a large number of electronic databases, which enable access to thousands of full text journal articles and reports.

The library also has study facilities for about 400 students at a time, and more than 40 computers for accessing the library resources, email and the Internet. During the academic semesters the library is open from 8:30am to 10:00pm on Sunday to Wednesday, 8:30am to 5:30pm on Thursdays and 9:00am to 5:00pm on Saturdays.

Our bookshelf



Records and information management: fundamentals of professional practice; 3rd edition

Author: William Saffady
Call Number: 651.5 SAF

From the definition of concepts to the management of electronic documents, the book addresses all the elements necessary for the good management of documents such as filing and retention as well as preservation of vital records.



Brexit: How Britain will leave Europe

Author: Denis MacShane
Call Number: 341.242 209 41 MAC

A book that relates the path of Britain within Europe until 2015, one year before the referendum launched by David Cameron. It seems that at the time, Denis McShane, former Minister for Europe in Tony Blair`s government had predicted the outcome of the vote.



Advancing Entrepreneurship in the United Arab Emirates: start-up challenges and opportunities

Author: Wasif A. Minhas
Call Number: 658.421095357 MIN

After briefly tracing back the evolution of entrepreneurship since the 18th century, the author discusses the main theoretical framework and describes his research methodology. He goes on to identify the entrepreneurial gap in the UAE by focusing on the key factors impacting on the process of entrepreneurship for Emiratis, such as need for achievement, need for independence, risk-taking propensity, capacity to innovate, and family approval and support - especially for female entrepreneurs. The research results are presented in a thematic way. Finally, he concludes by highlighting the critical success factors of an Emirati model of entrepreneurship.

How to study for finals

If you type instead of writing out your notes, use the Times New Roman font because it's the easiest font to read.

Place important notes and information you need to remember in places you look at often to force yourself to read them, which will help you to memorise their content.

Exercise more! Scientists say that only 20 minutes of cardio can improve your memory, increase your energy levels and reduce stress.

Eat super foods high in antioxidants. Eating breakfast on the day of a big test is very important. Research suggests that high-carb, high-fiber and slow-digesting foods like oatmeal are best. As part of a research study, 16 college students were tested on attention and recall. They were then fed a high-fat, low-carb diet heavy on meat, eggs, cheese and cream for five days and tested again. The results showed that their performance declined. Students who ate a balanced diet that included fruit and vegetables held steady, says Cameron Holloway, a Senior Clinical Researcher at the University of Oxford. Eating a healthy snack is also very beneficial and can make a significant difference to memory and recall (almonds, fruit and yogurt are good choices).

Try a technology detox! Putting your phone on airplane mode is a good idea. Your phone's constant notifications will distract you from studying which will result in increased stress levels and cramming in information!

Complete a mock test. So many social science, natural science, and foreign language textbooks contain hundreds of questions at the end of chapters that never get answered. Why not set aside an hour and try to answer these questions on paper without using your notes? If you complete a mock test 3-4 days before an exam, you'll know where to focus your studying. For humanities, try answering a couple of potential essay questions on a timed, closed book basis and see how you do. Another simple way to conduct a mock test is to ask a friend or classmate to give you an oral quiz based on concepts in the textbook, or in your notes.

Alternate study spots. According to the New York Times, simply alternating the room where a person studies improves retention. In an experiment, psychologists found that college students who studied a list of 40 vocabulary words in two different rooms — one windowless and cluttered, the other modern, with a view of a courtyard — did far better on a test than students who studied the words twice in the same room. Why? Supposedly, the brain makes subtle associations between what it is studying and the background sensations it has at the time. Try alternating your study spots between the library, a study room, and a quiet coffee house.

Do not cram! You will most probably know the date of your exam ahead of time. Take a 5-10 minute break after studying for 20-50 minutes. Distributing learning over time benefits long-term retention as opposed to cramming in a lot of information over a short period.



Sorbonne University Abu Dhabi would like to thank its existing Companions

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Your annual contribution will be used to support the local and international research development at the university, the master's scholarships programme and the university's events.

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