Sports classes accessible to the public (SCAP) 2021-2022 schedule

Sunday/Dimanche

	7:30am-8:30am	1:00pm	2:15pm	2:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm
Dance																															
Climbing Wall Coached Sessions																						Coached session (8 pax)									
Climbing Wall Self-Training					Self-Training (10 pax)						Self-Training (8 pax)													Self-Training (10 pax)								
Sports Hall																															
Martial Arts																															

Monday/Lundi

	7:30am-8:30am	1:00pm	2:15pm	2:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm
Dance																															
Climbing Wall Coached Sessions																			Coached session (8 pax)												
Climbing Wall Self-Training				Self-Training Bouldering Only (10 pax)						Self-Training (8 pax)												Self-Training (10 pax)											
Sports Hall																			Volleyball - Atanas women's							Volleyball - Atanas men's					
Martial Arts															Circuit T. - Julien																

Tuesday/Mardi

	7:30am-8:30am	1:00pm	2:15pm	2:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm
Dance															Spinning - Ellenita																
Climbing Wall Coached Sessions																			Coached Session (8 pax)												
Climbing Wall Self-Training				Self-Training (10 pax)					Women Only - Self-Training (10 pax)													Self-Training (10 pax)											
Sports Hall																															
Martial Arts																															

Wednesday/Mercredi

	7:30am-8:30am	1:00pm	2:15pm	2:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm
Dance																															
Climbing Wall Coached Sessions																						Coached session (8 pax)									
Climbing Wall Self-Training				Self-Training (10 pax)						Self-Training (7 pax)														Self-Training (7 pax)								
Sports Hall																			Volleyball - Atanas women's							Volleyball - Atanas men's					
Martial Arts																						Muay T. - Julien									

Thursday/Jeudi

	7:30am-8:30am	2:00pm	2:15pm	2:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm
Dance																			Trampo Fitness - Ellenita												
Climbing Wall Coached Sessions													Teens coached sessions 12 to 15 y.o. (8 pax)							Teens coached sessions 16 to 18 y.o. (8 pax)												
Climbing Wall Self-Training			Self-Training Bouldering Only (10 pax)						Self-Training (10 pax)													Self-Training (10 pax)										
Sports Hall																															
Martial Arts														Judo teens - Ellenita					Circuit T. - Julien												

Friday/Vendredi

	7:30am-8:30am	1:00pm	1:30pm	3:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm
Climbing Wall Self-Training			Self-Training Bouldering Only (10 pax)						Self-Training Bouldering Only (10 pax)													Self-Training Bouldering Only (10 pax)										
Sports Hall		Badminton				Badminton																									

Saturday/Samedi

	7:30am-8:30am	1:00pm	1:30pm	3:30pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	10:15pm	10:30pm
Climbing Wall Self-Training			Self-Training Bouldering Only (10 pax)						Self-Training Bouldering Only (10 pax)													Self-Training Bouldering Only (10 pax)										
Sports Hall		Badminton				Badminton																									