

General Information

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| <i>Activity</i> | Climbing |
| <i>Activity Description</i> | At Sorbonne University Abu Dhabi, we offer a variety of climbing packages to suit different needs and skill levels. These include free access to the climbing wall for self-training, coached classes for teens and adults, dedicated kids' classes, and specialized courses designed to help climbers develop and advance their skills in a structured environment. |

Package type

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| <i>Description</i> | Self-training |
| <i>Name of the Coach</i> | - |
| <i>Target Audience</i> | Intermediate and experienced climbers |
| <i>Age availability</i> | 14+ y.o. |
| <i>Class Schedule</i> | Mon-Sun 7:00-10:30 (some timing available for ladies only, rope climbing is limited to the specific timings) |
| <i>Duration</i> | day pass |

Additional Information

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| <i>Required Equipment</i> | It is required to use climbing shoes on the wall. Upon the request SUAD rents the shoes, harnesses and belaying devices |
| <i>Special Instructions or Prerequisites</i> | For the rope climbing it is required to undergo belaying assessment, that needs to be arranged before first climb on the wall. The assessment can be done depending on the instructor availability. |

Pricing Details

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| <i>Package Type</i> | Full-year* | Semester 1* | Semester 2* |
| <i>Validity of Package</i> | 2 Sep - 24 Aug | 2 Sep - 31 Dec | 20 Jan - 31 May |
| <i>Cost for Full Course</i> | 3000 AED | 1300 AED | 1300 AED |

Package type

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|---------------------------------------|---|
| <i>Description</i> | Coached Adult Climbing Sessions |
| <i>Name of the Coach</i> | Magdalena Nowak |
| <i>Target Audience</i> | Intermediate and experienced climbers |
| <i>Age availability</i> | 14+ y.o. |
| <i>Class Schedule</i> | Mon 8:00 PM Tue 6:30 PM Thu 7:30 PM, Classes can be taken only once a week; prorata starting only from the beginning of each month, trial session to be done before enrollment is accepted |
| <i>Duration</i> | 2h |
| <i>Maximum Number of Participants</i> | 8 people |

Additional Information

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|--|---|
| <i>Required Equipment</i> | Upon the request SUAD rents the shoes, harnesses and belaying devices. |
| <i>Special Instructions or Prerequisites</i> | Participants need to undergo belaying assessment, that needs to be arranged before first class. Participants who fail the belay test will not be allowed to participate in the class. |

Pricing Details

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|----------------------------|---|----------------|
| <i>Package Type</i> | Full-year* | Semester 1* |
| <i>Validity of Package</i> | 25-30 classes, until 31 May, no class during the university breaks; | 2 Sep - 13 Dec |

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| <i>Cost for Full Course</i> | 4500 AED | 2000 AED |
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Package coached sessions + self-training

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|-----------------------------|--|--|
| <i>Package Type</i> | Full-year* | Semester 1* |
| <i>Validity of Package</i> | Classes until 31 May (25-30 classes), self-training until 24 Aug | Classes until 13 Dec (10-13 classes), self-training until 31 Dec |
| <i>Cost for Full Course</i> | 6000 AED | 2600 AED |

Package coached sessions + self-training + mobility

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|-----------------------------|------------------------------|----------------|
| <i>Package Type</i> | Full-year* | Semester 1* |
| <i>Validity of Package</i> | Until 31 May (25-30 classes) | 2 Sep - 31 Dec |
| <i>Cost for Full Course</i> | 6500 AED | 2800 AED |

Package type

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|---------------------------------------|--|
| <i>Description</i> | Little Climbers (5-6 y.o.) - Kids Coached Climbing Sessions |
| <i>Name of the Coach</i> | Jane Alcantara |
| <i>Target Audience</i> | Beginner and Intermediate |
| <i>Age availability</i> | 5-6 y.o. |
| <i>Class Schedule</i> | Mon 4:00 PM Wed 4:00 PM Fri 2:00 PM, Classes can be taken only twice a week; prorata starting only from the beginning of each month |
| <i>Duration</i> | 1h |
| <i>Maximum Number of Participants</i> | 6 people |

Package type

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|---------------------------------------|---|
| <i>Description</i> | Junior Climbers (7-9 y.o.) - Kids Coached Climbing Sessions |
| <i>Name of the Coach</i> | Jane Alcantara |
| <i>Target Audience</i> | Beginner and Intermediate climbers |
| <i>Age availability</i> | 7-9 y.o. |
| <i>Class Schedule</i> | <p>Mon 5:15 PM Wed 5:15 PM Fri 4:30 PM,</p> <p>Classes can be taken only twice a week; prorata starting only from the beginning of each month</p> |
| <i>Duration</i> | 1h |
| <i>Maximum Number of Participants</i> | 6 people |

Package type

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|---------------------------------------|---|
| <i>Description</i> | Recreation Youth Climbing (10-14 y.o.) - Teens Coached Climbing Sessions |
| <i>Name of the Coach</i> | Jane Alcantara |
| <i>Target Audience</i> | Beginner and Intermediate climbers |
| <i>Age availability</i> | 10-14 y.o. |
| <i>Class Schedule</i> | <p>Tue 5:00 PM Thu 6:00 PM Fri 5:45 PM,</p> <p>Classes can be taken only twice a week; prorata starting only from the beginning of each month</p> |
| <i>Duration</i> | 1.5h |
| <i>Maximum Number of Participants</i> | 8 people |

Package type

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|--------------------------|---|
| <i>Description</i> | Youth Training for Climbing (10-14 y.o.) - Teens Coached Climbing Sessions |
| <i>Name of the Coach</i> | Magdalena Nowak |
| <i>Target Audience</i> | Advanced climbers |
| <i>Age availability</i> | 10-14 y.o. |
| <i>Class Schedule</i> | <p>Mon 5:00 PM Wed 5:00 PM</p> <p>Classes have to be taken twice a week; prorata starting only from the beginning of each month, group is open by invitation only</p> |
| <i>Duration</i> | 2h (1.5h of coached and 30 min of self-training) |

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| <i>Maximum Number of Participants</i> | 12 people |
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Additional Information

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| <i>Required Equipment</i> | Sport wear, climbing shoes are recommended |
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Pricing Details

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|-----------------------------|-------------------------------|----------------|
| <i>Package Type</i> | Full-year* | Semester 1* |
| <i>Validity of Package</i> | Until 30 June (55-65 classes) | 2 Sep - 13 Dec |
| <i>Cost for Full Course</i> | 5000 AED | 2000 AED |

Package type

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|---------------------------------------|---------------------------------------|
| <i>Description</i> | Climbing Courses and Workshops |
| <i>Name of the Coach</i> | Magdalena Nowak or/and Jane Alcantara |
| <i>Age availability</i> | 16+ y.o. |
| <i>Duration</i> | 2h |
| <i>Maximum Number of Participants</i> | 12 people |

Pricing Details

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|-----------------------------|------------|------------|------------|
| <i>Package Type</i> | 4 sessions | 3 sessions | 2 sessions |
| <i>Validity of Package</i> | 4 weeks | 3 weeks | 2 weeks |
| <i>Cost for Full Course</i> | 700 AED | 500 AED | 350 AED |

self-training - Detailed calculation per month

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| <i>Period</i> | Full year | Semester 1 |
| <i>From Oct 1, 2024</i> | 2700 | 980 |

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| <i>From Nov 1, 2024</i> | 2400 | 650 |
| <i>From Dec 1, 2024</i> | 2100 | N/A |
| <i>From Jan 1, 2025</i> | 1800 | |
| <i>From Feb 1, 2025</i> | 1500 | Semester 2 |
| <i>From Mar 1, 2025</i> | 1200 | 980 |
| <i>From Apr 1, 2025</i> | 900 | 650 |

| <i>Calculation per month</i> | Kids Class | |
|------------------------------|------------|------------|
| <i>Period</i> | Full year | Semester 1 |
| <i>From Oct 1, 2024</i> | 4500 | 1400 |
| <i>From Nov 1, 2024</i> | 4000 | 850 |
| <i>From Dec 1, 2024</i> | 3500 | N/A |
| <i>From Jan 1, 2025</i> | 3000 | |
| <i>From Feb 1, 2025</i> | 2500 | |
| <i>From Mar 1, 2025</i> | 2000 | |
| <i>From Apr 1, 2025</i> | 1500 | |

| <i>Calculation per month</i> | Coached sessions | | Coached sessions and self-training | | Coached sessions, self-training and mobility | |
|------------------------------|------------------|------------|------------------------------------|------------|--|-------------|
| <i>Period</i> | Full year | Semester 1 | Full year | Semester 1 | Full year | Semester 1 |
| <i>From Oct 1, 2024</i> | 4000 | 1400 | 5400 | 2000 | 5850 | 2300 |
| <i>From Nov 1, 2024</i> | 3500 | 850 | 4800 | 1500 | 5200 | 1700 |
| <i>From Dec 1, 2024</i> | 2900 | N/A | 4200 | N/A | 4550 | N/A |
| <i>From Jan 1, 2025</i> | 2600 | | 3600 | | 3900 | |
| <i>From Feb 1, 2025</i> | 2300 | | 3000 | | 3250 | |
| <i>From Mar 1, 2025</i> | 1850 | | 2400 | | 2600 | |
| <i>From Apr 1, 2025</i> | 1300 | | 1800 | | 1950 | |